

# Winchester Medical Center (WMC) in Virginia

Hello,

I am the residency director for our program at Winchester Medical Center. I was hoping someone would be willing to send the following information to the pharmacy class of 2023.

Hello class of 2023!

My name is Charisa Flaherty, and I am the residency program director for the PGY1 residency at Winchester Medical Center (WMC). WMC is a growing 495 bed facility in Winchester, VA. WMC provides the communities it serves with quality health care that is easy to access, well-coordinated, and responsive to its patient's needs. WMC houses a Level II Trauma Center, a Level III NICU, and it is a Magnet Designated Hospital.

Our residency involves many different learning experiences in both block and longitudinal format. Required block rotations include orientation, internal medicine, antimicrobial stewardship, practice management and leadership, a teaching rotation of your choice, and adult ICU (there are three ICU rotations to choose from: cardiac, neuro, and medical). Longitudinal experiences include formulary management, community service/career development, CE development, and staffing (every 3rd weekend and one major holiday). Electives offered include critical care (in addition to the required rotation), advanced internal medicine, NICU/Pediatrics, anticoagulation, neurology, and adult inpatient psychiatry. For additional academic experience, a teaching and learning certificate can be obtained through our partnership with Shenandoah University (SU). Throughout the year you will also be provided opportunities to give presentations to the pharmacy staff and to learn about self-evaluation.

The two large research projects include a medication usage evaluation, which is presented at Midyear, and a research project which is presented at Eastern States. Topics that previous residents have looked at for these projects include pain management in patients with traumatic rib fractures, ideal body weight dosing of IVIG, appropriateness of our use of albumin, among other topics. Many of our previous residents have had their research published.

After graduating from our program, many residents have completed PGY2s or fellowships in various specialties, while others have transitioned into clinical pharmacist, staff- clinical pharmacist, or staff pharmacist roles at institutional settings. Several past residents have continued in various capacities at WMC.

WMC is one of 10 residency programs that partner with SU. The residents from these 10 sites meet monthly for a residency forum and journal club. The forum includes topics that are helpful to your career and beyond such as CV development prior to Midyear and financial planning. Following the forum, the journal club allows residents to partner together to present a relevant journal article. These interactions with other SU affiliated residents provide excellent networking opportunities and additional support.

Winchester is nestled in the heart of the beautiful Shenandoah Valley at the top of Virginia. Several festivals occur year-round including the 10-day Apple Blossom Festival in May. This annual event includes a carnival, parades, a talent show, art festival, wine festival, and many other events. Winchester has an extensive Civil War history with many historical sites in and around the city. The downtown area

consists of a walking mall with unique restaurants and shops. Winchester is located 90 minutes from Washington, DC, two hours from Baltimore, and 45 minutes from Shenandoah National Park providing a wealth of camping, hiking, and sight-seeing opportunities.

If you are interested in our program, we will be at the residency showcase at midyear, booth 5008 on Tuesday morning, or you can call me at 540-536-3490 or email me at [cflahert@valleyhealthlink.com](mailto:cflahert@valleyhealthlink.com)<<mailto:cflahert@valleyhealthlink.com>>. I can give you more information about our program, answer questions, and connect you with current/past residents or preceptors. Additional information can be found at: [www.valleyhealthlink.com/careers/pharmacy-practice-residency-program/](http://www.valleyhealthlink.com/careers/pharmacy-practice-residency-program/)<<http://www.valleyhealthlink.com/careers/pharmacy-practice-residency-program/>>

Thanks,

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